50 & Beyond Newsletter

August 2024

Ice Cream Float Reopening Celebration

Friday, August 16
1:00 – 3:00pm

Join us for a fun-filled event featuring entertainment and free ice cream floats for everyone!

Sponsored by: aetna™

Recreation Coordinator:
Nichole Passmore
Mon - Fri, 8:00am - 4:00pm
npassmore@ypsitownship.org

Senior Aide: Donna Medos
Mon - Thurs, 9:00am-12:00pm
dmedos@ypsitownship.org

Center Hours:
Mon - Fri, 8:00am - 4:00pm

Community Center Phone:
734-544-3800

YPSILANTI TOWNSHIP
WHERE YOUR FUTURE GROWS

August Birthdays

8/1	Randy Hurst, Ethel Walker
8/2	Rosemary Ciucio
8/3	Pam Skornicka, Dorothy Harris, Carol McClure
8/4	Martha Collins
8/6	Helen Crudup-Minifield
8/7	Eileen Skinner, Molly Wright
8/8	Kristine Lynn Thomas
8/9	Priscilla Rice
8/10	Lillian Lawrence, Phyllis McFee
8/11	Linda Jones
8/12	Loretta Clark-Bates, Gerald Cook, Linda Rose Harmon, Marianne Oltersdorf, Ruth Woody
8/13	Kurt Godden, Sinnie Jackson, Faye Lewis, Sheila A Smith
8/14	Nancy Hamilton, Barbara Valencourt, Brenda Bartley, Linda Halliburton Georgianna Purnell
8/15	Brenda Dixon, Sharon Sunada
8/16	Linda Branch
8/17	William Johnstone, Nancy Dugas, Barbara Estelle, Kathleen Phillips
8/18	Debra Huber
8/19	Gwendolyn Brownlee, Barbara Knowlton, Marion Peoples
8/20	Martha Anderson, Vivian Beaty, Harriet Jones
8/21	Karla McCoy, Judy Schneider
8/22	Camille Hudson, Nancy Rogers, Nichole Passmore
8/23	Cynthia Gee
8/25	Patricia Jennings, Daniel Smith
8/26	Jennifer Hackett, Sarita Peacock Melody Thomas
8/27	Clint Elswick, Florence Bascom, Sharon Brown
8/28	Carol Quinley, Kenya B Wiedemann
8/29	Sara Robinson, Angela Hall-Jones Karen Wilson
8/31	Janice Anschuetz, Kay Hannah, Russell Perkins, Katy M. Thomas

In Loving Memory...

**For us to keep you informed, you need to keep us informed. Please call 734-544-3805 or email npassmore@ypsitownship.org with any information about members that pass away.*

50 & Beyond Membership

Our membership program is over 800 strong, and new members are always welcome! Memberships are renewable each year on the date purchased and both residents and non-residents are welcome to join!

Your membership becomes complimentary when you turn 90!

The 50 & Beyond Program operates Mon - Fri from 8am – 4pm. Memberships are renewable by mail or in person at the Recreation Office during business hours.

50 & Beyond Annual Membership Fees:

- Individual Resident Fee: $15
  Individual Non-Resident Fee: $20
- Household Resident Fee: $25
  Household Non-Resident Fee: $35

Inclement Weather Policies

- **BUILDING CLOSURE:** Township officials will make the decision if our building is closed. **It is NOT based on the schools closing.** It is a rare occasion that our building actually closes. The best way to check is on the website at www.ypsitownship.org or by calling 734-544-3800.
- **LUNCH CANCELATION:** The lunch program **IS** cancelled when the Ypsilanti Community Schools are closed. If you are a regular attendee we will do our best to call. You can also call 734-544-3800 after 9:00am to double check.
- **WCC CLASS CANCELATIONS:** Only if Washtenaw Community College is closed or if the instructor chooses to cancel. You will only get a call if the instructor cancels.
- **ENHANCED FITNESS CANCELATIONS:** Classes are canceled when the Ypsilanti Community Schools are closed. You will not get a call.
- **50 & Beyond Programs:** All other 50 & Beyond activities are cancelled if the Ypsilanti Community schools are closed. Pickleball please call first.

Drop In Activities

Saturday Music

1st Saturday - Mike, Linda & Jay are back!
2nd Saturday - No Music
3rd Saturday - Southern Echos
4th Saturday - Nit Pickers

Saturdays 2:00 - 5:00pm

*Room location may vary and is subject to availability.

Morning Coffee

Back by popular demand, morning coffee will be available from 9am - 12pm Monday - Friday.

Daily Activity Schedule*

Activity	Time	Days
Walking	All Day	M-F
Billiards	All Day	M-F
Fitness Room	All Day	M-F
Morning Coffee	9:00am	M-F
Quilters	10:00am	Mon/Weds
Pickleball	9:00am	M/W/F
Bible Club	9:00am	Mon
Bridge	12:30pm	Mon
Cards	12:30pm	M-Th
Acoustic Music	9:00am	Tues
Mahjong	9:00am	Tues
Yarn Club	10:00am	Tues
Book Club	1:00pm	2nd Tues
Country Music	9:30am	Weds
Creative Coloring	10:30am	Weds
Lively Singers	TBD	
Euchre	1:00pm	Thurs
TOPS	10:00am	Thurs
	5:45pm	Thurs
Stamping/Card Making Club	1:00pm	Thurs Bi-weekly

***Please note membership is required for drop in activities**

Music Makers

Love to sing? Looking for an opportunity to see if your vocal cords still work?
Music Makers is the perfect group for you. This non-auditioned choir is great for beginners as well as those who have been away from a choir or want to experience the joy of singing with a group.
Music Makers also gives back to the community, performing at nursing homes and senior centers through out the year, spreading joy through song!

Mondays 10:00am
Directors:
Sharon Hewitt
& Gail Honeywell

Chess & Checkers

Do you have a love of chess or checkers?
Or have you always wanted to learn?
All ability levels are welcome!

Yarn & All That Jazz!

Knitters, crochet workers and yarn lovers of all kinds are welcome! Bring your latest project in to work on! **Tuesdays 10:00am**

Euchre Club

Please stop by for Euchre on Thursday afternoons! Bring a friend! We are excited to see this group growing! **Thursdays 1:00pm**

Bid Whist & Spades

Calling all card players! We are looking for people interested in playing Bid Whist or Spades! Let us know if you would like to play and we will get a group going!
ON HOLD FOR SUMMER

Mahjong

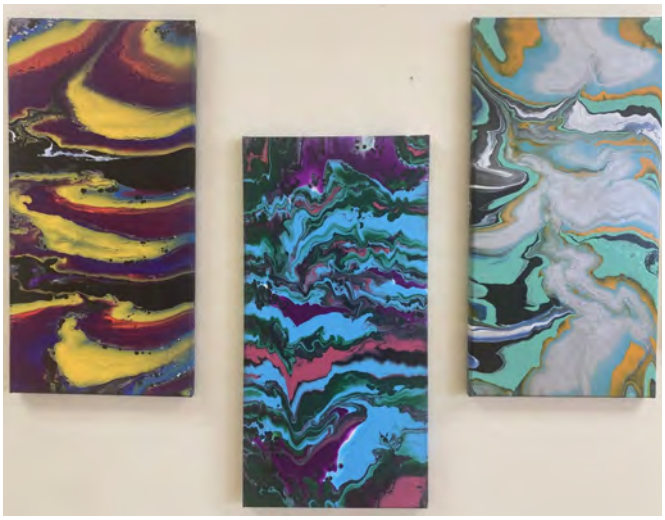
Mahjong is a Chinese game played with tiles. We play a modified, simple version of this challenging game.
Tuesdays 9:00am

Classes, Programs & More

Penny Bingo

Penny Bingo is back! Be sure to bring plenty of pennies! Lots and lots of pennies! We will play 8 rounds of bingo with the 9th game being a cover-all.

Date: Friday, August 30
Time: 1:00pm
Cost: $1 per card



Painting & Crafts with Melody

Melody will take you through the steps and stages of creating unique paintings and crafts to share or keep for yourself!

Date: Wednesdays
July 10 - August 14
August 28 - September 4
Time: 1:00-3:00pm
Cost: $30
***There is an additional supply fee of $30 due to the instructor at the first class**

Diamond Art Group

A combination of cross-stitch & paint-by-numbers, this new creative hobby is taking the crafting world by storm. Kits can be purchased at most craft stores. Bring your supplies and try it with friends!

Monday through Friday, 9:00am - 11:00am

Ten Myths About Medicare, Social Security & The Facts You Need To Know

The Social Security & Medicare programs can be confusing to understand. Our Ten Myths and Facts about Medicare & Social Security seminar will answer your questions such as can a Late Enrollment Penalty ever be eliminated and what is the process of electing to add Medicare Part B at a later date than Part A?

Other questions will be answered with fact during this seminar include can you be eligible for Medicare under the age of 65, will Medicare ever call you on the phone, will you receive a certain "designated" pool of money from the Government by doing X,Y, or Z with your Medicare Plan, can you collect Social Security benefits while still working and more.

There are many myths, untruths and necessary information potential and current beneficiaries must know about the program to ensure their personal information is protected.

Date: **Friday, August 9**
Time: 10:30am - 12pm

Common Scams That May TARGET You! Part 1

It seems everyone is attempting to access your personal information. From accessing your information off the internet, to signing up for items by mail and receiving a barrage of calls shortly thereafter.

Topics covered in Course #101 include: Protecting your information and data with the Best Practices to avoid being victimized by financial, social media, tech support, online “marketplace", Medicare, identity theft, romance and online dating scams.

Date: **Friday, August 30**
Time: 10:30am - 12pm
**Part 2 will be held on Friday, September 13*

There is no cost for this program but pre-registration is required.

Medicare Scholar 101 Education
Your Benefits & Healthcare Choices

The Medicare Scholar 101 Education: Your Benefits & Healthcare Choices Seminar is designed to inform Medicare beneficiaries about the Medicare program. Medicare 101 is a program designed for individuals 65 years of age or older as well as those 18-64 with certain health conditions that are receiving Social Security Disability Income who might not be aware of the benefits and features they are entitled to with Medicare. As such, our On-Site Community Medicare Scholar Education Seminar is designed to answer your questions and is both an introductory Seminar into the co-pays, deductibles and structure of Medicare for future beneficiaries' as well as reeducation on the program for current recipients.

Some of the Topics discussed include the structures Part A, Part B, Part C (Medicare Advantage) and Part D (Prescription Drug Plans), Medicare Supplements, How to Delay the Election of Part B If You Are Still Working, What are Special Needs Plans (SNP's), Special Election Periods and More

Seminar Host, Monica Ross-Williams, MBA; LIA is the Founding Partner of MRW Solutions Group, a Life, Health and Wealth Insurance Brokerage based out of Belleville, Michigan, licensed nation-wide in seven states.

Date: Friday, September 27
Time: 10:30am - 12pm

IMPORTANT
SCHEDULE CHANGE AHEAD

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Health & Wellness

Tap Dance

Balance training is imperative for health as we grow older, and tap dancing is an excellent exercise to help build balance.

Day: Thursdays
Dates: Sept 12 - Oct 10
Oct 17 - Nov 14
Time: 11:00-11:45am
Location: Community Center
Dance Studio
Fee: $15/Five Week Session
$3 Daily Drop In

Pickleball

Pickleball has emerged as the fastest growing sport in America! The game combines elements of ping-pong, badminton, and tennis. Open to anyone that wants to play or learn how, this is a great form of exercise!

Date: Monday/Wednesday/Friday
Time: 8:00am - 12:00pm

Zumba Gold

This class is perfect for active older adults and introduces easy-to-follow Zumba choreography that focuses on balance, range of motion and coordination. Come ready to sweat and prepare to leave empowered and feeling strong.

Date: **Thursdays, Sept 12 - Oct 17**
Time: 8:30-9:15am
Fee: $10/class or
$40 for the whole session

Get Fit While You Sit!

Performing chair exercises is great for individuals with limited mobility, can help exercise the joints and burn calories! Other benefits include improved posture, flexibility, muscle strength, circulation and balance.

Date: **Thursdays, July 11 - August 22**
Time: 6:00-7:00pm
Fee: $10/class or $45 for the whole session

Health & Wellness

Socacize® Jam Session w/ Andrea

Get ready to sweat with this signature fitness class like no other! Socacize Fitness is a creative blend of authentic Caribbean and African dance techniques, combined with high energy fitness routines that build stamina and strengthen muscles. Come join the fun!

Day: Wednesday
Time: 9:30am -10:30am
Cost: A suggested $5 donation per class is appreciated. Payable to instructor.

Chair Yoga with Martha

This beneficial form of yoga is for any fitness level, from active seniors to those recovering from an injury. Low impact on joints, improves flexibility and stress reduction.

Day: Monday & Thursday
Time: 11:30am -12:30pm
Cost: A suggested $5 donation per class is appreciated. Payable to instructor.

Strength Training for Reduced Falls and Improved Balance

During this 30 minute class, we will perform a series of exercises designed to help reduce your risk of falling, improve your strength, & increase your overall fitness.

Instructor: Candice Carbajal PT, DPT, OCS
Date: Fridays, July 12 & August 9
Time: 9:30am - 10:00am
Cost: There is no fee for this class but you ***MUST*** pre-register

Enhance Fitness

Warm-up, low-impact cardiovascular conditioning, strength, balance, and flexibility training. This is a partnership with the National Kidney Foundation of Michigan. **There is a $20 per month suggested donation payable to Kidney Foundation.**

Day	Time	Room
Mondays	10:30-11:30am	104
Tuesdays	11am-12pm	Gym
Fridays	11am-12pm	104

T.O.P.S. Every Thursday

T.O.P.S. is a weight control program which uses group support, competition & recognition to motivate and aid weight loss goals set by physicians.

9:00am weigh in 10:00am meeting begins

5:30pm weigh in 6:00pm meeting begins

WCC Senior Focus Classes

The classes listed below are provided through the Community Enrichment Department at Washtenaw Community College for people age 60 and over *(if you are under 60 & there is room in the class, you may participate)*. Please register at the front desk if interested in joining a class.

Line Dancing

Learn new dances as well as some of the old time favorites. The next time you go to an event with dancing you will be able to show off your line dancing skills. Line dancing is not just good exercise, it's lots of fun.

Instructor: Dee Grantham
Date: Tues., 9/10 - 11/19 *No class 11/5
Time: 9:00 - 10:00am

Tai Chi for Better Balance

This program works to improve balance, muscle strength, flexibility and mobility to enhance overall physical health, leading to better function in daily activities. Other benefits may include better mental health, reduced stress, improved memory and cognition, and increased self-esteem.

Instructor: Darryl Mickens
Date: Tues., 9/10 - 11/19 *No class 11/5
Time: 10:30 - 11:30am

Yoga

Unlike stretching for fitness, yoga is more than just physical postures. What do you have to lose by trying, except stiff joints and tight, sore muscles?

Instructor: Tammy Foote
Date: Weds., 9/11 - 11/13
Time: 11:15am - 12:45pm
**No Class on March 6

Strength & Conditioning

Strength & conditioning training involves a wide range of exercises developed to build a variety of skills with a focus on mind, mobility, stability, and strength.

Instructor: Michelle Williams
Date: Thurs., 9/12 - 11/14
Time: 9:30 - 10:30am

Travel

PARKING LOT CONCERNS

Please be mindful of others when using the parking lot. If you do not have the proper identification on your vehicle for handicap parking, it could be towed.

Upcoming Trips

August

3 - Eastern Market: Detroit
6 - Lunch Out: Anna's House
14 - Saugatuck with Bianco Tours
20 - FireKeepers Casino: Battle Creek
24 - Eastern Market: Detroit
29 - State Fair Senior Day: Novi

September

5 - Lunch Out: Karl's Cabin
11 - Fall Resale Tour: Brighton/Novi
12 - Pioneer Wine Tour with Bianco Tours
14 - Eastern Market: Detroit
17 - FireKeepers Casino: Battle Creek
25 - Cornwell's Turkeyville: Marshall

October

2 - Lunch Out: Antonio's Italiana, Canton

Important Notice!!!!

*** Late returns:** Please be mindful of the stated return times given by your bus driver. It is unfair for others to wait when you do not return on time and our driver cannot leave the bus to come looking for you. Repeated occurrences will result in restricted attendance and your sign up may be refused.

****No Shows:**
Not calling to cancel your spot is unfair to others. Please call the Center when possible if you don't plan to attend.

Trip Cancellation Policy

There have been some questions regarding our cancellation policy. Please see below:

- If Ypsilanti Township Recreation cancels: Full refund or credit. *Registration for all travel is one week prior to the trip. We need to have an accurate count in order to arrange for tickets, drivers and chaperones.
- If you cancel at least 3 days prior to the trip: Full refund or credit.
- If you cancel 2 days or less before the trip there will be a $5.00 cancellation fee. The rest will be returned as a refund or credit.
- Cancellations made the day of will **not** receive refund or credit.
- **Fees that include ticketed events, concerts, excursions, contracted service providers & one-day activities may not be refundable.**

No refunds or reductions in fees will be given for trips missed by participants. **Remembering to attend is your responsibility.**

One on One Assistance

Members requiring "one on one" assistance MUST travel with a partner that is there to attend to those needs. "One on One" examples: walking from the bus to the destination; making decisions on your own, manual wheelchairs that require pushing, or anything requiring another person to help. Please make our staff aware of any potential limitations at the time of sign up.

FAQ's

Frequently Asked Questions

50 & Beyond Lively Travellers club

1. Is Your Membership Current?

If your membership is not current you may be put on our waitlist in order to give members an opportunity to sign up. If so, registration for non-members will open two weeks prior to that trip.

Non-members will be charged an additional fee of $5 per trip.

2. How do I sign up?

Sign ups and waitlists for all trips are now done at the Community Center front desk. 50 & Beyond staff cannot accept payments unless they are working at the front desk. Checks are payable to YTRD. Online registration may be available as well.

3. Emergency Contacts

Do we have your Emergency Contact information? An Emergency Contact is required for all trip participants. This can be updated at the front desk. If you would like a medical information card for your purse or wallet we can provide one for you.

5. Trip Parking (please read this!)

When parking in the Community Center lot for ALL trips, please use the rows that are beyond the flag pole. That is row 3 and beyond. Please DO NOT park in the handicap spots or the spaces that are closest to the doors. This is a courtesy to those coming to the center for just a few hours.

6. Payments Due

Payments are due no later than one week prior to the trip. With the exception of extended travel and any overnight travel, those trips are due 1 month prior to the date unless otherwise noted.

Registration and payment for all travel is due a minimum of one week prior to the trip.

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Buses FAQ

Frequently Asked Questions About Our Buses

1. **Will we still use the old bus?**
   Utilizing the old bus is a possibility depending on it's availability and size of the trip. It is currently not being used as it is out for repairs. We do not have a return date at this time

2. **Will we always use both buses?**
   Trips will be planned with the intention of using one bus. Once that bus is filled we will begin a waitlist, if we have enough people on the waitlist we will then enlist the second bus.

3. **Are prices going up now that we have new buses?**
   We strive to keep costs at a minimum for our trips and classes at all times. Fees are determined by a variety of factors; admission rates, cost of fuel, and bus driver expenses. You may see a slight increase in fees for outings that have not seen an increase in several years or ones that have been losing money in recent offerings.

Travel

Eastern Market, Detroit

Visit the market with us and do a little shopping! The fall market is perfect for stocking up on fresh produce, baked goods, and meats.

Dates:
Saturday, August 3
Saturday, August 24
Saturday, September 14

Bus Departs: 7:00am
Bus Returns: 1:00pm
Cost: $10 for each date

FireKeepers Casino Day Trip, Battle Creek, MI

Playing with fire is about to get way more fun! With over 2,680 of the latest slot and video poker games; 78 table games including blackjack, craps and roulette; a 200 seat Bingo room; a live poker room and exclusive high limit areas & VIP lounge, you'll see why FireKeepers is Battle Creek's gaming hotspot.

Dates: Tuesday, August 20
Tuesday, September 17

Bus Departs: 8:30am
Bus Returns: 5:00pm
Cost: $30 for each date
All expenses are on your own.
May include free slot play.

Michigan State Fair Senior Day

Special Senior Programming:
10:00am-12:00pm

- Door Prizes and Drawings
- Special Senior Day Vendors
- Giveaways
- Entertainment
- Contest
- Air-conditioned/heating

FULL

Fair Exploration Time:
12:00pm-2:30pm
Date: Thursday, August 29
Bus Leaves: 9:00am
Bus Returns: 3:00pm
Cost: $20 transportation
*Food and purchases are not included

Lunch Out:

Anna's House, Westland

Calling all foodies and breakfast enthusiasts! Anna's House uses the freshest ingredients to craft menus that are inclusive of dietary needs and preferences. Delight in locally sourced ingredients and experience comfort in every bite. Anna's House, established in 2003, is proud to serve your breakfast and lunch favorites, from their famous Twilight French Toast to our irresistible cinnamon rolls. The inclusive menu ensures that there's something for everyone at Anna's House!
Date: Thursday, August 8
Departs: 11:00am **Returns:** 3:00pm
Cost: $10 for transportation only.
***Price of the meal is on your own.**

Karl's Cabin, Plymouth

For 76 years this storied log cabin roadhouse has brought joy to its guests offering heart-felt service and classic home cooking. Specializing in rustic American comfort food, their Chef's take great pride in creating seasonal menus using fresh locally sourced dishes with generous sized portions.
Date: Thursday, September 5
Departs: 11:00am **Returns:** 3:00pm
Cost: $10 for transportation only.
***Price of the meal is on your own.**

Antonio's Cucina Italiana, Canton

Everyday for over sixty years the Rugiero family has worked hard preparing fresh, authentic Italian dishes. These include delicious sauces, soups and stuffed pastas. The hard work has paid off with award winning pizzas, calzones, and of course, our famous fresh baked bread.
Date: Wednesday, October 2
Departs: 11:00am **Returns:** 3:00pm
Cost: $10 for transportation only.
***Price of the meal is on your own.**

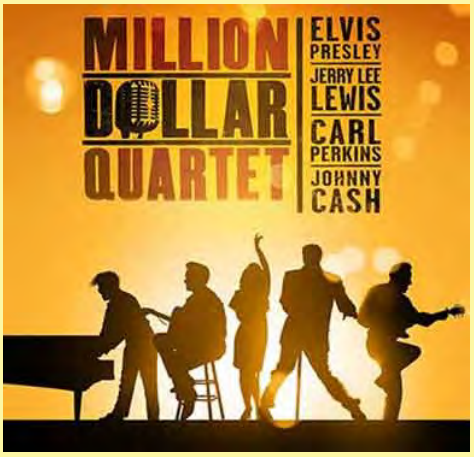
Travel

Fall Resale Tour

Enjoy a day full of upscale resale shopping!
You're sure to find clothing, shoes, accessories, home goods and more at discounted prices,
We will be stopping at the following shops:

- Clothes Mentor – Novi
- Grace & Whimsy - Brighton
- Trading Closets Collection - Brighton

We will take a break for lunch at Cracker Barrel.
You are responsible for the cost of your meal.
Date: Wednesday, September 11
Departs: 9:30am **Returns:** approx 5:00pm
Cost: $18 for transportation only
Cost of lunch & purchases are on your own.



Cornwell's Turkeyville* Marshall, MI

Enjoy a full turkey feast with all the trimmings, dessert & a show!
We will be seeing
MILLION DOLLAR QUARTET
On December 4, 1956, a twist of fate brought Johnny Cash, Jerry Lee Lewis, Carl Perkins and Elvis Presley together at Sun Records for one of the greatest jam sessions ever. This smash-hit sensation features an incredible score of rock, R&B and country hits, including "Blue Suede Shoes," "Walk the Line," "Sixteen Tons," "Great Balls of Fire," "Folsom Prison Blues," "Whole Lotta Shakin' Goin' On," "Hound Dog," and more.
Dates: Weds., September 25
Bus Departs: 9:30am
Bus Returns: 6:00pm
Cost: $75
***Pay later is unavailable for this trip. Trip must be paid for at time of registration.**

Travel

Pioneer Trail Wine Around with Bianco Tours

Russell Stover Chocolates Dundee, MI (shopping) - Russell Stover Chocolates has been an American classic since 1923. Their boxed chocolates have been part of family traditions and gift giving for decades.

St. Julian Winery Dundee, MI (wine tasting) - For 100 years, St. Julian Winery has piloted the Michigan wine industry. Winery will choose 4 wines and their knowledgeable staff will walk us through the tasting.

Danley's Country House Tecumseh, MI (Family style lunch included) - Family owned and operated since 1966, Danley's is famous for their delicious broasted chicken and wide variety of craft beers.

Cherry Creek Cellars Brooklyn, MI (wine tasting) - For over 100 years, four generations of Burtka's have been making wines in this country for the enjoyment of their family and friends. Located in a historic 1870 schoolhouse, this is one stop you don't want to miss! Come and taste their Award Winning Wines. 4 wines to taste.

Flying Otter Vineyard Adrian, MI (wine tasting & snacks) - In May 2005, Flying Otter Vineyard began with the first planting by the Utter family of Adrian. Since those humble beginnings, the winery has produced a variety of popular red, white, rose and dessert. Everyone can taste up to 6 wines and get a souvenir wine glass.

Thursday, September 12
Departs 8:30AM **Returns** 6:45PM
Cost: $112

Visit Saugatuck w/ Bianco

Coral Gables (included lunch) -
The Coral Gables Complex in Saugatuck, Michigan is one of the oldest family owned restaurant and bar sites in the state.

Shopping in downtown Saugatuck -
Shopping takes on a whole new meaning in Saugatuck, the Art Coast of Michigan.
In a retail world increasingly dominated by bigness and sameness, the shops of Saugatuck are almost audacious in their individuality.

Saugatuck Dune Ride -
One of West Michigan's premier attractions!! Our knowledgeable guides will provide us with 40 minutes of entertainment, fun and excitement. while we tour of one of Michigan's treasures.

Wednesday, August 14
Departs 7:45AM **Returns** 8:15PM
Cost: $161

Nite Lights @ MIS w/ Bianco

Jerry's Pub Brooklyn, MI (included lunch) -
Nestled on the south shore of Wamplers Lake, the deck offers spectacular views of the lake. You will have a buffet consisting of: Chicken Kabob (tender, marinated grilled chicken, grilled seasonal vegetables, hummus & pita bread); Lake Perch (lightly dusted and deep fried with tartar sauce and lemon wedge); and Half Slab of Roasted Baby Back Ribs.

Nite Lights at Michigan International Speedway Brooklyn, MI - One of Michigan's largest Christmas light displays, this animated drive-through display is over three miles long! The popular holiday display has a new home at Michigan International Speedway. Millions of dancing lights will make up 65 different themes, a 250-foot lighted tunnel and a forest of mega trees. All while driving on the track and along pit row at Michigan International Speedway.

Friday, December 6, 2024
Departs 3:00pm **Returns** 8:00PM
Cost: $89

Extended Travel

Sunny Portugal w/ Collette Vacations

February 2-11, 2025

Ancient castles and Roman ruins, groves of orange and almond trees, quiet whitewashed villages, and welcoming locals – Portugal is waiting for you. Double occupancy rooms start at $3199/person.

*A deposit of $698 per person is due upon reservation. Reservations made after the deposit due date of **July 27, 2024** are based upon availability. Final payment due by December 04, 2024. Deposits are refundable up until August 03, 2024.*

Sequoia & Kings Canyon w/ Collette Vacations

May 14 - 23, 2025

Explore the rich sights, sounds, and tastes of California. Wander through a forest of some of the world's largest trees at Sequoia and Kings Canyon National Parks. Dive into history in San Diego and into the glitz and glamour of Los Angeles. Discover a centuries-old mission in Santa Barbara and go on a walking food tour in the charming coastal town of Carlsbad. Savor a glass of locally produced wine and lunch at a Paso Robles vineyard. Double occupancy rooms start at $4,999 per person.

*A deposit of $698 per person is due upon reservation. Reservations are made on a first come, first served basis. Reservations made after the deposit due date of **November 07, 2024** are based upon availability. Final payment due by February 15, 2025. Deposits are refundable until Nov.14, 2024.*

Hallmark Christmas w/ Bianco Tours

Accommodations: • 1 Night at Best Western Plus Dutch Haus Inn (Columbiana, OH)
Included Meals: • 1 Breakfast, 1 Lunch & 1 Dinner
Featuring:

- *A Christmas Story House, Museum & Gift Shop*
- *Firestone Park Joy of Christmas Holiday Lights Display: This spectacular outdoor drive-through holiday light show has over one million bulbs!*
- *Las Vegas Live! Christmas Revue: This is an electrifying Las Vegas Style Christmas dinner show with a live 10 piece swinging show band.*
- *Castle Noel: America's largest Christmas entertainment attraction!*
- *Downtown Medina, OH (shopping) This small town is reminiscent of the Hallmark Christmas towns with its small town charm & unique shops*

Date: November 15-16 2 days/1 night
Cost: $490 per person/double occupancy

Explore Tuscany w/ Collette Vacations

September 10 –18, 2025

Rolling landscapes, savory wines, delicious food and stunning architecture – find all of this and more in Tuscany. Unpack once on this journey among Italy's most charming towns. Double occupancy rooms start at $4,399 per person.

*A deposit of $698 per person is due upon reservation. Reservations are made on a first come, first served basis. Reservations made after the deposit due date of **March 10, 2025** are based upon availability. Final payment due by June 12, 2025. Deposits are refundable up until March 17, 2025.*

Greek Isles w/ Grand American

July 13 –20, 2025

From relaxation to exhilaration and every moment in between, get ready for an unforgettable Greek Isles cruise aboard Norwegian Viva. With an overnight stay in Istanbul, you have plenty of time to explore — from discovering the colorful Topkapi Palace to shopping at the bustling Grand Bazaar and sampling delicious local Turkish cuisine. Explore some of the wineries, pristine beaches, delicious local cuisine and historic sites dotting the island of Paros, or take to the water for some surfing, kayaking or windsurfing. Then stroll among Santorini's famed blue-domed roofs before savoring some delicious local Greek cuisine. Double occupancy cabins start at $4,579 per person.

*A deposit of $350 per person is due upon reservation. Final payment is due **February 14, 2025***

Canada/New England w/ Grand American

September 21-28, 2025

Fall in love with the Northeast aboard Norwegian Getaway. Browse Bar Harbor's many boutique shops, hike to a scenic overlook in famed Acadia National Park or savor a classic New England lobster bake. Then enjoy a narrated excursion through scenic Halifax, past historic sites and along a coastal highway to the picturesque village of Peggy's Cove. In Canada's oldest city, St. John's, you can soak in the best view of the cityscape at Signal Hill National Historic Site or take to the sea on a whale watching or kayaking tour. Double occupancy cabins start at $2424/person.

*A deposit of $350 per person is due upon reservation. Final payment is due **April 24, 2025***

200 Hallway Update

At the time of printing we are getting excited for our grand reopening!
While it is exciting to see progress being made please do not open the doors to the construction area and disturb the workers. This is for your own safety.

Senior Cafe Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Please sign up one week in advance. Lunch is available for pick up from 11:00am until 12:00pm. **A suggested $3 donation is recommended but not required.** **1% Milk Served with each meal**			1 • Beef Taco Salad • Warm Refried Beans • Peaches • WG Tostitos Scoops • Salsa	2 • Turkey Burger • Diced Carrots • Cucumber, Tomato & Onion Salad • Fresh Banana
5 • Smoked Sausage • Savory Sauerkraut • Cauliflower Polainase • Mandarin Oranges	6 • Polynesian Chicken Breast • Baked Potato • Vegetable Blend • Pineapple Dessert • WW Dinner Roll	7 •Chef Salad •Chicken Noodle Soup w/ Vegetables •Fresh Banana •Pita Bread	8 • Chili con Carne w/ Beans • Garden Salad • Spiced Peaches • Diced Watermelon • Corn Bread	9 •Cheddar Cheese Omelet •O'Brien Potatoes •Apple Juice •Apricots •Fruit Muffin
12 • Teriyaki Beef Dippers • Baked Beans • Dill Carrot Coins • Tropical Fruit Salad • WW Dinner Roll	13 • BBQ Shredded Pork Sandwich • Buttered Corn O'Brien • Creamy Coleslaw • Warm Apple Crisp	14 •Cheesy Lasagna Roll Ups •Green Beans •Italian Garden Salad •Mixed Berries w/ Whip Topping •Italian Bread	15 • Tuna Salad Sandwich • Pasta Salad • Broccoli Cheese Soup • Fresh Orange	16 •Turkey Pot Roast •Mashed Potatoes w/ LS Gravy •Cucumber, Tomato & Onion Salad •Diced Cantaloupe & Honeydew •WW Dinner Roll
19 •Salisbury Steak w/ LS Beef Gravy •Zucchini & Tomatoes •Diced Carrots •Cinnamon Applesauce •WW Dinner Roll	20 •Pork Chop Suey w/ Vegetables •Confetti Fried Rice w/ Vegetables •Fresh Pear •WW Bread	21 •Teriyaki Chicken Breast •Cauliflower w/ Cheese Sauce •Cucumber, Tomato & Onion Salad •Fruited Gelatin •Dinner Roll	22 •Stuffed Cabbage •Garden Salad •Garlic Mashed •Potatoes •Diced Watermelon •WW Dinner Roll	23 •Submarine Sandwich •Pasta Salad •Italian Wedding Soup •Fresh Apple
26 • Potato Crunch Pollock • Stewed Tomatoes • Peas & Pearl Onions • Apricots • WW Dinner Roll	27 • Rice with Chicken & Vegetables • Buttered Whole Kernel Corn • Mandarin Oranges & Pineapple Tidbits • Corn Bread	28 • Beef Philly Steak Sandwich • Au Gratin Potatoes • Diced Carrots • Mixed Berries w/ Whip Topping	29 •Maurice Salad •Garden Green Salad •Twice Baked Potato Chowder •Fresh Orange •Pita Bread w/ Margarine	30 • All Beef Hotdog • Potato Salad • Baked Beans • Diced Cantaloupe & Honeydew • Chocolate Chip Cookie

Ypsilanti Township Recreation Center
2025 E. Clark Rd
Ypsilanti, MI 48198

PRSRT STD
U.S. Postage
Paid
Ypsilanti, MI
Permit No. 565

or current resident

Follow Ypsilanti Township Recreation on Facebook!

www.facebook.com/ytownparksandrec/

Smile for the camera! We will occasionally be taking photos to share on our Facebook page!

Focus: HOPE

In partnership with federal and state agencies, Focus: HOPE provides food boxes to senior citizens who are 60 years old or older and reside in Washtenaw county. *Distribution will be held in the **parking lot** on the first Thursday of each month from 11:00am - 11:30am*

To apply to receive food
please call
313-494-4600
or email: food@focushope.edu

To be eligible you must provide proof of age (60 years or older), provide the number of people in your household and reside in Wayne, Oakland, Macomb or Washtenaw County.

Medical Equipment Loan

We have various items available for use by our members free of charge. We cannot accept any equipment that needs parts or repairs. **All donations should be cleaned and disinfected prior to donating.** Thank you for your generosity!!

Charter Township of Ypsilanti Officials:

Brenda Stumbo, Supervisor
Heather Jarrell Roe, Clerk
Stan Eldridge, Treasurer
734-484-4700

Board of Trustees:
Gloria Peterson,Trustee
Debbie Swanson, Trustee
John Newman, Trustee
Ryan Hunter, Trustee
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The Ypsilanti Township 50 & Beyond Program is supported and operated by the Township of Ypsilanti, contributions, memberships, and volunteers, as part of the Ypsilanti Township Recreation Department.

YPSILANTI TOWNSHIP
— RECREATION DEPARTMENT —